

# Trinity Tidings

The Mission of Trinity Old Lutheran Church is  
Proclamation, Fellowship and Service  
in the name of Jesus.



The Reverend Frederick W. Kopp  
Pastor

Volume 58

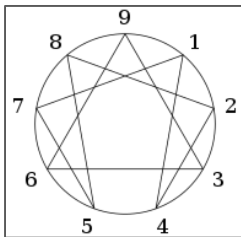
June 2018

Number 6

Trinity Old Lutheran Church is a member of the Niagara Frontier Conference of the Upstate New York Synod of the Evangelical Lutheran Church in America.

## Pastor's Ponderings

I use the enneagram for personal growth and understanding, and for counseling, spiritual direction, and coaching of others. It has its roots in spiritual wisdom from many different ancient traditions. As it was described to



me, each number describes a personality type or a face of God. No number is better than the other, and within each number is variety that makes us all unique.

The enneagram helps us navigate the world by knowing self and others. It helps us follow the greatest commandments—love

God, self, and others. By knowing our gifts and challenges we can share and grow toward being the best we can be. Being human is not static, our experiences are not predictable, and because of this we can greet the unexpected with some confidence and grace.

God through Isaiah stated that "I will give you hidden treasures, riches stored in secret places, so that you may know that I am the Lord...who summons you by name." (Isaiah 45:3) In Proverbs we hear that..."if you call out for insight and cry aloud for understanding, and if you look for it as for silver and search for it as for hidden treasure, then you will understand the fear of the Lord and find the knowledge of God." (Proverbs 2:3-5) The enneagram is a tool that helps one figure out their role and purpose in the vastness of God's creation.

If you find yourself curious, Google Search is a good option—or see me so that I may share some information and my excitement for this gift that opens up growth and hope.

Yours in Christ,  
Enneagram #9, Pastor Fred

**KETCHUP!** This summer when we use this wonderful condiment to flavor a hot dog or hamburger, let it be a reminder that this past April we canceled service because of an ice storm.



If possible, would you be able to help us "KETCHUP!" in giving so that we continue to have enough offering to cover our daily bills?

Thank you.

## June Coffee Hour

The WWI Women's Group will be hosting a "Welcome Summer" coffee hour after worship on **Sunday, June 24**. Everyone is invited to stay for coffee and fellowship—and delicious baked goods!

If you would like to bring something, please use the sign-up sheet on the main bulletin board.



## New: Coffee Bar Organizational Meeting

Council has approved a new Sunday fellowship idea—a Coffee Bar located in the narthex—with a target start-up in mid-September. It would be available before worship each week.

A planning meeting will be held following worship on **Sunday, June 24**—you are invited. Bring your ideas!

## ELCA Youth Gathering in Houston, TX

June 27 – July 1, 2018

Theme: "This changes everything."  
*Ephesians 2:8*



Matt and Josh will represent TOL at this year's ELCA Youth Gathering in Houston! The event occurs every three years and in the past has been attended by 30,000 high school youth and adult leaders from across the country.

"Through days spent in interactive learning, worship, Bible study, service and fellowship, young people grow in faith and are challenged and inspired to live their faith in their daily lives.

An important part of the Gathering's ministry are the two pre-events, the Multicultural Youth Leadership Event (MYLE), a faith formation and leadership development event primarily for youth of color, and the tAble, a gathering that gathers, blesses and empowers youth with disabilities."

[from: [www.ELCA.org/YouthGathering](http://www.ELCA.org/YouthGathering)]

God's blessings on Matt and Josh as they travel, as well as on all who attend the Gathering.

## Prayer for Trinity Old Lutheran and Augustana Lutheran Churches

Almighty God, you prosper the work of our hands. We pray for the outreach ministries of these congregations and we ask you to send your Holy Spirit to direct them into a blessed future. Give us the power through your Son to proclaim the Good News boldly, and joyfully fellowship with and serve others. Amen.

### Respite Care Program for May 2

We were blessed with beautiful sunny, breezy weather, and warm temperatures—hooray, at last! Eleven guests joined us. Four visitors from Orchard Park Presbyterian Church (OPPC) spent the morning observing the program. OPPC is considering its own respite program, but the group is also considering other types of programs to assist caregivers.

Everyone enjoyed egg salad sandwiches with sides of chips for lunch, followed by vanilla ice cream cups for dessert.

After lunch, the guests and volunteers enjoyed games of Snowball Toss and bean bag toss. A visit from “Jack” the Golden Retriever Therapy Dog started off our afternoon activities. Everyone enjoyed greeting six-year old “Jack” and we thank his owner, Karen, for bringing him.

After Trivia, we were treated to a live music performance by Respite volunteers Jack and Sue. With Jack on guitar, Sue led the singing! They played and sang newer songs and encouraged us to sing along. Jack included a song that he recently wrote while they were on a trip to Nashville, TN. We thank them for sharing their musical talents with us. Our remaining music time was devoted to singing favorite patriotic songs—a cappella. Thank you to Thomas for starting us off on the right note!

In keeping with the arrival of warmer weather and spring, guests made bright-colored butterfly and bumblebee crafts.

*Jan Sherman and Paulette Hotchkiss*



### Lutheran Charities Annual Basket Auction/Golf Classic

TOL will be filling the designated laundry basket with items for “Curl Up and Read” time.

Suggested items needed are: a comfy throw, tea and a tea mug, a book light, book mark, books, and snacks (peanuts, candy bars, cookies or pretzels). Feel free to add anything that you might enjoy while reading your favorite book!

The baskets will be up for auction at this year’s LCWNY Annual Golf Classic in August.

All donations should be placed in the basket (located in the narthex) by Sunday, July 29. Thank you for your support!

Curl Up With  
*A Good Book*  
(or two)



## Trinity Tidings

Published monthly by  
Trinity Old Lutheran Church  
3445 Sheridan Drive, Amherst, NY 14226

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### June Stewardship

On Sunday, June 3, we will welcome Sohail Akhtar, Vicar at First English Lutheran Church in Lockport, as guest preacher. Vicar Sohail continues his education at the Lutheran Seminary in Philadelphia.

Our June Stewardship focus will be Vicar Sohail’s seminary expenses. Please use the marked pew envelopes for your donations. Thank you for your continued support and for your prayers for Sohail and his family.

### May Stewardship—Thank You

Thank you to everyone for your donations to the 2018 Lutheran Charities of Western New York (LCWNY) financial appeal! All monies go directly to the sponsored organizations—no administrative costs are deducted.

Brochures detailing the agencies supported by LCWNY are still available in the narthex, as well as donation envelopes.

### Sunday School

Our last class was spent coloring special cards for our homebound members and celebrating our year. We enjoyed learning right along with you!

Have a wonderful safe summer.  
See you in September!

God Bless,  
*Kelly and Debbie*



**FOOD pantry** Thank you to everyone for your recent donations of non-perishable food items! They were delivered to the food pantry at Good Shepherd Lutheran in Tonawanda. The need for help in the community remains great—even during the summer months. The shopping cart is now empty and ready for your donations!



## Eagle Scout Project—Update!

My Eagle Scout project was completed on Saturday, May 19 at the Holy Rest Cemetery, which TOL partially owns (located on Pine Ridge Road in Cheektowaga).

The project included cleaning up over 50 grave markers that were flush with the ground. Then we installed two small concrete benches. We took out two bushes along the fence and had people pick up garbage and sticks. We also took out two old signs and the old blue plastic garbage can. These were replaced with a new black slatted steel trash receptacle and new sign. The sign pole was painted black to match the trash receptacle.



We had 23 volunteers help out to make the project a success. I would like to thank the people that helped out on that day and that gave donations and supplies.

Josh

### From Holy Rest Cemetery: Thank you, Josh

The Board of Holy Rest Cemetery would like to extend its thanks to Josh for all of his hard work to make our cemetery a beautiful place to visit and remember our loved ones. Josh selected Holy Rest Cemetery as the subject for his Eagle Scout project, a place in dire need of attention and TLC.

His project raised funds for a beautiful new sign and stone benches as well as a new waste bin. Josh also coordinated a work day at the cemetery to install the new fixtures and give the place a good cleaning, including the removal of old shrubs and debris (thank you volunteer workers!). We congratulate Josh on a job well done!

We hope Josh's project has sparked a renewed interest in the cemetery. If you are interested in becoming more involved, please see Jim or Matt.



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## A Few Words about a Short Psalm

Psalm 117 is only five lines long. It consists of four sentences, and three of them end with exclamation points! Altogether, there are only thirty words, and the last three are a repetition of the first three.

The central statement of Psalm 117 is that God's love for us is great, is steadfast, is faithful, and endures forever. The rest of the psalm exclaims that we should praise the Lord, extol Him! Who are "we"? "All you nations! All you peoples!"

The psalm is clear, simple, and enthusiastic. If there are any words not commonly used in our time, they are "steadfast" — firm in purpose; and "extol" — praise highly. It's the kind of psalm a person could certainly repeat several times daily; could even make a Christian mantra of it:

Praise the Lord, all you nations!  
Extol Him, all you peoples!  
For great is his steadfast love toward us.  
And the faithfulness of the Lord endures forever.  
Praise the Lord!

Loren Keller

*From: Trinity Tidings, April 2010.  
Used with permission.*

### TLC at TOL Respite Care Program

The program continues every first Wednesday of the month from **10:30 AM to 2:30 PM** for those caring for loved ones with Alzheimer's or any form of dementia. Guests are partnered with a volunteer (trained by the Alzheimer's Association) and they participate in various activities in a secure environment. A morning snack and nutritious lunch are provided. The program is free. For more information on registering for the program, please contact Jan or Paulette at 836-4868.



### TOL's Caregivers Group

The group will meet on **Monday, June 4, from 7:00 PM to 8:30 PM** in the Fireside Lounge. It's an informal setting and the conversation is caregiver driven—or one may wish to just listen. Ideas, tips, and shared experiences can prove helpful to caregivers. All caregivers are welcome! For more information, please contact Jan at 836-4868. The next meeting will be Monday, August 6.



Flag Day, June 14

**“Summer Fridays” Playgroup  
at Augustana Lutheran**



The program **begins June 22** (through August 11) each Friday from **10:00 AM to 11:30 AM**. Children and their caregivers enjoy toys, games, songs, stories, and snacks. The program is free and the activities take place indoors.

Augustana is located at 3143 Eggert Road near Colvin Blvd. in Tonawanda.

For more information on either event, please contact the Augustana church office at 832-5720 or email the church at [augustchurch@yahoo.com](mailto:augustchurch@yahoo.com).



**Hearts and Hands = Neighbors Helping Neighbors**

Currently, there remains an increased need for volunteers! To find out how easy it is to become a volunteer and to learn about the services provided for care receivers, please call 406-8311, Ext. 101 or visit the website at [www.hnhcares.org](http://www.hnhcares.org)!

**TOL is a part of the “Hearts and Hands” community of volunteers!**



**Our Community Partners Meeting at TOL**

Gamblers Anon.	Sun., 7:00 PM
Gam-Anon,	Sun., 7:00 PM
Overeaters Anon.	Mon., 10:00 AM
Co-Dependents	Tues., 7:30 PM
Eta Sigma	Meets on 2 <sup>nd</sup> and 4 <sup>th</sup> Tuesdays, 6:30 PM (Fellowship Hall)
Fitness Room	Mon., Yoga Pilates, 5:45 to 7:00 PM Thurs., Gentle Yoga, 9:30 to 10:45 AM Thurs., Beginner Yoga, 5:45 to 7:00 PM
Love Life Self Help Group	Meets on 1 <sup>st</sup> , 2 <sup>nd</sup> , and 4 <sup>th</sup> Wednesdays, 6:45 PM (Fireside Lounge)

Note: If you are interested in any of the different Yoga classes offered at TOL, please contact Leanne (864-1194).



I slept and dreamt that life was joy. I awoke and saw that life was service.  
I acted and behold, service was joy.”

*Rabindranath Tagore*